

CECIL COUNTY DOMESTIC VIOLENCE RAPE CRISIS SERVICES

- 24 hour Helpline:
(410)996-0333
- Safe Shelter for victims
of domestic violence and their
dependent children
- Support Groups for survivors of
domestic violence and sexual
assault
- Individual Counseling
- Children's Programs
- Safety Planning
- Information and Referral
- Victim Advocacy: Court and
Hospital Accompaniment
- Legal Consultation/Protection
Orders
- Community Education

IMPORTANT PHONE NUMBERS

TO SEEK A PROTECTIVE ORDER :

**District Court, 170 E. Main St., Elkton, MD
410-996-2700**

For assistance in filing Protective Order	410-996-0333
Mobile Crisis Hotline	888-407-8018
Police/Emergency	911
Ambulance	911
Cecil Co. Sheriff's Office	410-996-5500
Elkton Police	410-398-4200
North East Police	410-287-5996
Rising Sun Police	410-658-4101
Perryville Police	410-642-3725
State Police	
North East Barrack	410-398-8101
	410-996-7800
JFK Barrack	410-537-1150
Cecil County Health Dept.	410-996-5550
Cecil County Health Dept.	
Drug and Alcohol	410-996-5106
Court Commissioner	410-996-2725
Dept. of Social Services	410-996-2728
Child Protective Services	410-996-0100
Housing	410-996-0100
MD Criminal Injuries Compensation Board	410-996-5245
	1-888-679-9347
State's Attorney's Office	410-996-5335
Union Hospital/Emergency Room	410-398-4000
Upper Bay Counseling Services	410-996-5104

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Violence Can Happen To Anyone



The Bridge
Cecil County Domestic
Violence Rape Crisis Center
Hotline: (410) 996-0333
Website: cecilhelp4u.com

YOU ARE A VICTIM IF:

- You are blamed for provoking your partner's abusive behavior.
- You live in fear that you will be abused if you express your feelings and opinions, or disagree with your partner.
- Your partner expresses regret and promises it will never happen again.
- You feel you must meet all of your partner's demands to avoid being abused.
- Your children are afraid for you.

THE EFFECTS OF VIOLENCE

The Victim:

- may not think of her/him self as a victim
- often suffers injuries that affect her/his health
- and may cause long-term disabilities.
- may suffer emotional effects that can be as devastating as physical harm.
- may suffer employment problems.

The Abuser:

- has low self-esteem and uses abuse as a means of control.
- may not be violent with anyone else but the partner.

The Children:

- frequently suffer birth defects, physical damage, emotional and/or psychological problems because their mother was abused while pregnant.
- who witness domestic violence almost always experience emotional harm.
- suffer more physical illness, school and peer problems than other children.
- are at a greater risk for child abuse.
- are at a greater risk for alcohol and drug abuse, and to commit violent, sexual assault crimes, and suicide.

The Family Pets:

- are often injured, maimed, killed or threatened by abusers for revenge against victims and/or to control victims.
- may suffer unexplained injuries, health problems or permanent disabilities at the hand of the abuser.
- are especially vulnerable during or following abuse against a victim.

OBTAINING LEGAL PROTECTION

During regular court operation, victims can obtain a temporary protective order at District (170 E. Main St.) or Circuit (129 E. Main St.) Courts. Victims may also seek an interim order from the District Court Commissioner when the courts are not in session (evenings, weekends, holidays). Orders are valid as soon as they are served by a police officer.

SAFETY PLANNING

- Plan the safest way to get away and rehearse it. Know where you are going and the safest route. Plan with your children where they will go for help.
- Keep charge cards, prescriptions, school records, legal documents (deed, mortgage, lease), identification (birth certificates, health cards, social security cards, driver's license, marriage certificate, immigration/citizenship papers, passports) in a safe place where you can get to them in an emergency.
- Give someone you trust a spare set of keys, a set of clothes for you and your children, and some money.
- Arrange a distress signal with a neighbor.
- Seek medical attention, if you are injured, and call the police.
- Consider and plan for the safety and well-being of your pets. **Do NOT** leave pets with the abuser. Either take your pets with you (we can arrange for temporary shelter) or arrange for a trusted friend or relative to take them temporarily.